

**100K Course Description**  
**(~64 miles – ~103k)**  
**(~6200 Ft Elevation gain)**

**Starts and finishes at the outdoors center 2 laps**

**Aid Stations**

- Grassy Loops Aid station at mile marker 5.3(8.5k) – FULL SERVICE
- Stratton Brook Pond Aid Station mile marker 10.6(17K) – WATER ONLY
- 7 Eleven Aid Station (Bottom of the Narrow Gauge) mile marker 18.5(30k) - FULL SERVICE(Drop Bags)
- Outdoor Center Aid Station at mile marker 32(51.5K) – WATER ONLY(Drop bags)
- Grassy Loops Aid station at mile marker 37.3(60k) – FULL SERVICE – 2PM cut off
- Stratton Brook Pond Aid Station mile marker 42.6(68.5K) – WATER ONLY
- 7 Eleven Aid Station (Bottom of the Narrow Gauge) mile marker 50.5(81k) - FULL SERVICE(Drop Bags) – 3PM CUT OFF

**Climbs:**

- Oak Knoll Stratton Brook Hut Climb - 2mi, 630Ft elevation, avg 5.8% (Starts at mile 5.6)
- Approach Trail Climb - 1.3mi, 381ft elevation, avg 5.5% (Starts at mile 12.8)
- Narrow Gauge/Trail 50 Climb – 8.4mi, 1107ft elevation, avg 2.5% (Starts at mile 18.5)
- Oak Knoll Stratton Brook Hut Climb - 2mi, 630Ft elevation, avg 5.8% (Starts at mile 37.6)
- Approach Trail Climb - 1.3mi, 381ft elevation, avg 5.5% (Starts at mile 45)
- Narrow Gauge/Trail 50 Climb – 8.4mi, 1107ft elevation, avg 2.5% (Starts at mile 50.5)
  
- <https://www.strava.com/routes/2849249380717313382>